

WEEK 3

STEP 1

Choose from...

Main

Vegetarian

Combo



STEP 2

...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY

Beef Enchilada

to go with

Mixed Rice, Roasted Veg (All GF/V)

OR

Beef Enchilada (H)

to go with

Mixed Rice, Roasted Veg (All GF/V)

Veggie Bean Wrap (V)

to go with

Mixed Rice, Roasted Veg (All GF/V)

Jacket Potato (GF)

to go with

Baked Beans, Cheese & Beans, Tuna Mayo & Cheese

Wrap

to go with

Cheese Slice, Tuna and Sweetcorn, & Ham

Sandwich

to go with

Choice of fillings

Pear Crumble (DF/V)

to go with

Custard

Fresh Fruit Pot (GF/V), Yoghurt (GF), Cheese and Biscuits

TUESDAY

Cheese & Tomato Pizza

to go with

Sweetcorn, Homemade Herby Diced Potatoes (All GF/V)

Vegetable Pizza

to go with

Sweetcorn, Homemade Herby Diced Potatoes (All GF/V)

Jacket Potato (GF)

to go with

Baked Beans, Cheese & Beans, Tuna Mayo & Cheese

Wrap

to go with

Cheese Slice, Tuna and Sweetcorn, & Ham

Sandwich

to go with

Choice of fillings

Chocolated Shortbread Cookie (DF/V)

Fresh Fruit Pot (GF/V), Yoghurt (GF), Cheese and Biscuits

WEDNESDAY

Sausage (Pork) (DF)

to go with

Carrots (GF/V), Mashed Potato (GF)

OR

Chicken Sausage (DF/V)

to go with

Carrots (GF/V), Mashed Potato (GF)

Vegetarian Sausage (GF/V)

to go with

Carrots (GF/V), Mashed Potato (GF)

Jacket Potato (GF)

to go with

Baked Beans, Cheese & Beans, Tuna Mayo & Cheese

Wrap

to go with

Cheese Slice, Tuna and Sweetcorn, & Ham

Sandwich

to go with

Choice of fillings

Fruity Chocolate Traybake (DF)

Fresh Fruit Pot (GF/V), Yoghurt (GF), Cheese and Biscuits

THURSDAY

Chicken Tikka (GF)

to go with

Turmeric Rice, Sweetcorn (GF/V)
Garlic & Coriander Naan

OR

Chicken Tikka (GF/H)

to go with

Turmeric Rice, Sweetcorn (GF/V)
Garlic & Coriander Naan

Vegetable Curry (GF/V)

to go with

Turmeric Rice, Sweetcorn (GF/V)
Garlic & Coriander Naan

Jacket Potato (GF)

to go with

Baked Beans, Cheese & Beans, Tuna Mayo & Cheese

Wrap

to go with

Cheese Slice, Tuna and Sweetcorn & Ham

Sandwich

to go with

Choice of fillings

Syrup Sponge (DF)

to go with

Custard

Fresh Fruit Pot (GF/V), Yoghurt (GF), Cheese and Biscuits

FRIDAY

Breaded Fish (DF)

to go with

Chips, Peas (All GF/V)

Pea & Mint Falafel (GF/V)

to go with

Chips, Peas (All GF/V)

Jacket Potato (GF)

to go with

Baked Beans, Cheese & Beans, Tuna Mayo & Cheese

Wrap

to go with

Cheese Slice, Tuna and Sweetcorn & Ham

Sandwich

to go with

Choice of fillings

Lemon Drizzle Muffins

Fresh Fruit Pot (GF/V), Yoghurt (GF), Cheese and Biscuits